

Adult Day Programs



Adult Day Programs

Adult Day Programs meet the social and health needs of seniors who require assistance due to health related disabilities. The programs consist of assistance with daily living, activities, and educational programs. Snacks and a nutritious, hot mid-day meal are provided. Transportation may be available or arranged by the facility. For more information on how to access these programs and how to determine your eligibility please contact.

Vancouver Island Health Authority (South)
General Enquiries Line 250-388-2273
or 1-888-533-2273

Beckley Farm Lodge..... **250-381-4421**
Greenwoods (Salt Spring)..... **250-537-5561**
Luther Court.....**250-477-7241x23**
Mobile ADC **250-213-2440**
Mt. Newton Centre **250-652-3432**
Oak Bay Lodge **250-370-6600**
Pathways..... **250-658-5414**
Sunset Lodge..... **250-385-3422x242**
Victoria Chinatown..... **250-920-0310**
Western Communities..... **250-370-5787**

Douglas Care Community 250-383-8011
657 Niagara Street
Victoria, BC V8V 1J1
Provides a stimulating day program for individuals that may be feeling isolated with their current social and recreational opportunities.

Forget Me Not
Adult Day Centre 250-656-0242
2363 Malaview Avenue
Sidney, BC V8L 2G1
Operates a day program for individuals with Alzheimer's in a safe, secure environment with social and recreational opportunities. Bathing program is available also.



Bathing Programs

Anyone who cannot safely bathe at home, even with home support assistance, should contact any of bathing programs listed below. Costs range from \$5 to \$15 per bath. There is sometimes a waiting list.

Beckley Farm Lodge 250-381-4421
530 Simcoe Street
Victoria, BC V8V 4W4
Operates Monday through Friday.

Greenwoods 250-537-5561
133 Blain Road
Salt Spring Island, BC V8K 1Z9
Operates Tuesday through Friday. Self referral or through the Case Manager.

Mount Newton Centre 250-652-3432
2158 Mt. Newton X Road
Saanichton, BC V8M 2B2
Serves those who live on the Saanich Peninsula and in Saanich. Operates Monday through Saturday.

**Mount St. Mary
Hospital** **250-477-8947 X3214**
861 Fairfield Road
Victoria, BC V8V 5A9
Serves those who live in James Bay, Fairfield-
Beacon Hill, and Esquimalt. Operates Monday
through Thursday.

Vancouver Island Health Authority
The bathing program is available for self-referral
at the sites listed below.

**Hillside Seniors Health
Centre** **250-370-5641**
1454 Hillside Avenue
Victoria, BC V8T 2B7
Operates Tuesday through Friday.

The Priory **250-370-5787**
587 Goldstream Avenue
Victoria, BC V9B 2W4
Operates Monday through Friday.

TIP!

Long Term Care Insurance provides cash to fund the cost of nursing care at home or in a facility. For more information on Long Term Care Insurance check in the yellow pages of the TELUS Phone Directory for Insurance Agencies and/or Financial Planners who sell Health Insurance.



Care Planning and Management

The following agencies provide fee-based guidance for planning care services. For non-fee based Care Planning see Vancouver Island Health Authority Home and Community Care on page 3.

Dial-A-Daughter **250-381-5599**
Solutions Ltd. **1-877-210-8844**

Personalized service that assists out of region people to find local government, home-care, recreational and other services for their senior relatives and friends living in the Greater Victoria area.

www.dialadaughter.ca

ElderSafe Support Services
Victoria **250-385-0444**

550-2950 Douglas Street
Victoria, BC V8T 4N4

Sidney **250-654-0444**

209-2453 Beacon Avenue
Sidney, BC V8L 1X7

Provides full planning for ongoing independence including scheduling and coordinating all homemaking services, grounds maintenance and minor home repairs, pet care, relocation services and transportation services. Offers regular phone check in calls and reports to family members if required.

www.eldersafe.com

See advertisement page 66.