

# Adult Day Programs

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## Adult Day Programs

*Adult Day Programs meet the social and health needs of seniors who require assistance due to health related disabilities. The programs consist of assistance with daily living, activities, and educational programs. Snacks and a nutritious, hot mid-day meal are provided. Transportation may be available or arranged by the facility. For more information on how to access these programs and how to determine your eligibility please contact.*

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**Vancouver Island Health Authority (South)**  
**General Enquiries Line 250-388-2273**  
**or 1-888-533-2273**

Beckley Farm Lodge..... **250-381-4421**  
Greenwoods (Salt Spring)..... **250-537-5561**  
Luther Court.....**250-477-7241x23**  
Mobile ADC ..... **250-213-2440**  
Mt. Newton Centre ..... **250-652-3432**  
Oak Bay Lodge ..... **250-370-6600**  
Pathways..... **250-658-5414**  
Sunset Lodge..... **250-385-3422x242**  
Victoria Chinatown..... **250-920-0310**  
Western Communities..... **250-370-5787**

**Douglas Care Community 250-383-8011**  
657 Niagara Street  
Victoria, BC V8V 1J1  
Provides a stimulating day program for individuals that may be feeling isolated with their current social and recreational opportunities.

**Forget Me Not**  
**Adult Day Centre 250-656-0242**

2363 Malaview Avenue  
Sidney, BC V8L 2G1  
Operates a day program for individuals with Alzheimer's in a safe, secure environment with social and recreational opportunities. Bathing program is available also.



## Bathing Programs

*Anyone who cannot safely bathe at home, even with home support assistance, should contact any of bathing programs listed below. Costs range from \$5 to \$15 per bath. There is sometimes a waiting list.*

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**Beckley Farm Lodge 250-381-4421**  
530 Simcoe Street  
Victoria, BC V8V 4W4  
Operates Monday through Friday.

**Greenwoods 250-537-5561**  
133 Blain Road  
Salt Spring Island, BC V8K 1Z9  
Operates Tuesday through Friday. Self referral or through the Case Manager.

**Mount Newton Centre 250-652-3432**  
2158 Mt. Newton X Road  
Saanichton, BC V8M 2B2  
Serves those who live on the Saanich Peninsula and in Saanich. Operates Monday through Saturday.

**Mount St. Mary  
Hospital** **250-480-3100**  
861 Fairfield Road  
Victoria, BC V8V 5A9  
Serves those who live in James Bay, Fairfield-  
Beacon Hill, and Esquimalt. Operates Monday  
through Thursday.

**Vancouver Island Health Authority**  
The bathing program is available for self-referral  
at the sites listed below.

**Hillside Seniors Health  
Centre** **250-370-5641**  
1454 Hillside Avenue  
Victoria, BC V8T 2B7  
Operates Tuesday through Friday.

**The Priory** **250-370-5787**  
587 Goldstream Avenue  
Victoria, BC V9B 2W4  
Operates Monday through Friday.

**TIP!**

Long Term Care Insurance provides cash to fund the cost of nursing care at home or in a facility. For more information on Long Term Care Insurance check in the yellow pages of the TELUS Phone Directory for Insurance Agencies and/or Financial Planners who sell Health Insurance.



## Care Planning and Management

*The following agencies provide fee-based guidance for planning care services. For non-fee based Care Planning see Vancouver Island Health Authority Home and Community Care on page 3.*

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**Dial-A-Daughter** **250-381-5599**  
**Solutions Ltd.** **1-877-210-8844**

Personalized service that assists out of region people to find local government, home-care, recreational and other services for their senior relatives and friends living in the Greater Victoria area.

**[www.dialadaughter.ca](http://www.dialadaughter.ca)**

**ElderSafe Support Services**  
**Victoria** **250-385-0444**

550-2950 Douglas Street  
Victoria, BC V8T 4N4

**Sidney** **250-654-0444**

209-2453 Beacon Avenue  
Sidney, BC V8L 1X7

Provides full planning for ongoing independence including scheduling and coordinating all homemaking services, grounds maintenance and minor home repairs, pet care, relocation services and transportation services. Offers regular phone check in calls and reports to family members if required.

**[www.eldersafe.com](http://www.eldersafe.com)**

See advertisement page 66.